

Killington

We start at the free carpark next to the graveyard in Killington. To find the car park, use map reference SD61328891, what-3-words tag **chefs.pegs.pavilions**, or for satnav, use LA6 2HA.

From the car park we turn left and head up the lane between two stone buildings, keeping an eye open for a footpath fingerpost on the right hand side. Here we take the lane toward the church and the 14th century Pele Tower.

From the hall and the church, we continue up the lane heading toward a farm building, exiting out onto open fields via a well-tended garden. Once in the field, we head North and follow the line of the field boundaries gently uphill. As we do so, it is worth pausing a couple of times to look back at the view over the Lune valley toward Middleton and Barbon Fells – at this stage the Howgills are just beyond the top of the hill.

The path soon starts to veer right a little, and as we pass the peak of the hill (which we keep to our right) we get our first views over toward Sedbergh. We are now following a wire fence and need to look for a gate in that fence where we head left, to head across the field slightly uphill again, and still in a Northerly direction.

As we head uphill, we need to aim to pass to the left of a wooded plantation known as Lammas Plantation, we continue North a farm now visible in the distance.

We head toward the farm, keeping the buildings on our right – note though that on the later stages of the walk we pass the farm from the other side, and there is a path through the farm enabling the pinch point of the two loops of the figure eight to be cut into two separate walks.

For now, with the farm on our right we pick up a rather stony lane and head uphill. The lane leads us to a crossing into more open land with profuse bracken growth to our left.

We walk along the track for a short while and look for a drystone wall where we head up into the bracken on paths that are easy to miss – so take care here.

Our path winds its way uphill, and for the first time our direction is not to the North – we are now heading West to pass to the left of a plantation known as Hodgsons Hill. Here the path merges with a track which we follow up to a junction – most of the climbing is now done so this is a good place to take a break.

Suitably refreshed we press on taking the left branch at the junction to head West toward another plantation – this one is Greenham Moss. We skirt to the left of this – still on a clear track and then pass to the right of a third plantation (un-named) before the track takes a hard left turn and heads downhill.

As we follow the track round, we can now see Killington Reservoir in the distance.

We meet another track and take right at the junction to cross Hall Beck and head North again until we meet a gate advising us that the land ahead is private – we therefore turn right along the boundary keeping on the accessible side of the fence.

As we follow the fence round the side of Lily Mere, we eventually arrive at a gate giving access to open moorland. Once through the gate we head Northeast and soon find a fingerpost offering two routes onward. We take the path to the right which heads down to the A684. The paths should be

clear, but if in doubt look forward and spot the hill to the left of Sedbergh – this is Winder, and head toward that.

We now head downhill and meet the A684 at the corner of a field – if you are not in the corner you took the left hand path at the previous fingerpost, so continue along the inside of the wall until you find the field corner.

We now turn right and walk downhill along the verge of the A684, we are on the road for just a short while – but care is needed.

Look out for a signed walk on the right hand side where we cross a drystone wall and head off south keeping the wall on our left.

We now head consistently South tracking along the contours of the hill – generally with drystone wall on our left beyond which great views over to Howgills are seen. We soon find a commemorative bench placed at a location where the views are particularly good, and here we break for lunch.

The path enters an area of woodland known as Cowby wood, and we start to head uphill. At the far side of the wood, we enter farmland again and head toward the farmhouse at the far right corner of the field.

We now walk down the lane and away from the farm taking a sharp left turn to follow the track downhill to a minor road at Bowersike. Here we take a right onto the road and almost immediately arrive at an angled T-junction. We take the road to the left, almost heading back on ourselves, and continue - looking out for a footpath side on the right of the road.

We take the Broad Raine path which leads down to the banks of the river Lune, which we follow downstream for a while. Fairly soon we arrive at Broad Raine Turbine - a local hydroelectric scheme.

Beyond the part converted mill, the path stays with the riverbank – via a stile at the end of a well mown area of grassland. It may feel like you are walking through a residential garden, but this is the right way.

We continue on along the riverbank, until we meet a track. This takes us past a group of pretty farm buildings where we continue from the river and up through fields to a minor road.

As we arrive at the road we see a junction – we take the road opposite which is in effect a continuation of the track we have been following. This leads us straight down to Killington, where we end the walk.

- **Total distance 11.6 km (7.2 miles)**
- **Total Ascent 435 m**
- **Easy walk**