

Barbon Low Fell

Barbon Village is just off the A683 between Kirkby Lonsdale and Sedbergh. There is on-street parking available in a number of places in the village, but it's more considerate to the community to park in the Village Hall car park and make a donation at the honesty box. Sat Nav Users can use postcode LA6 2LL, whilst users of paper maps should look for grid reference SD62788228. If you prefer What-3-Words, then the car park is at **devalued.scorched.clips**.

Turn left out of the car park and head toward the centre of the village, with the Churchmouse as the first landmark on your right. We then walk to the end of the main street to arrive at the war memorial where we turn right to pass the Barbon Inn on the right as we head up toward the church of St Bartholomew.

Just beyond the church we take a lane on the left and head into the Barbon Estate, initially on a track that leads to a bridge over Barbon Beck. Once over the beck, the track loops round to the left and then back right to meet a wider road that comes up from Oak Tree farm. We follow the metalled road round for a while now.

As we progress up the road, keep an eye open for a footpath way marker on the left highlighting a gate where we take a rougher track along the riverbank. We head along the riverside path for a while now – within pleasant woodland passing a stone bridge on the right (a private road) before entering a more open landscape with the steep slope of Castle Knott looming over us on the left.

As we progress further upstream, the path comes close to the river, and we see a recently installed footbridge ahead of us. The riverbank here is attractive, and well provisioned with places to sit, so this is a good opportunity to take a break before we start the climb up Barbon Low Fell.

We cross the bridge and then head right along the road for a short while, noting information boards at the far end of the crossing. The road curves round to the left and climbs gently to arrive at Blindbeck Bridge – an old stone road bridge. Here we need to look out for a fingerpost highlighting the route on the left up to Bull Pot.

This takes us up a steep and stony path through thick bracken. As we look left, we have Barbon High Fell on our left, and in the foreground a small waterfall no more than 20m from the path. The path zig zags a little as we climb, but the overall direction is South East, and the path remains clear – though rocky, throughout.

The main path continues up toward Bullpot Farm, home of the Red Rose Cave and Pothole club, and a point of access to a wide-ranging set of potholes and tunnels known as the Ease Gill Caverns, but before we get that far we strike off on the right and head over Hoggs Hill.

The paths are not clear here and it's easy to miss the route so first identify the overhead power lines, and then not long after they have crossed our path, look for a smaller path up the hillside on the right.

Generally speaking, we follow the direction of the power lines to start with – although not directly under them.

As we progress uphill, we move away from the power lines (they should be on the right throughout) and we find a path that rises steeply up to the peaks (two of them) at Hoggs Hill. Our direction of travel is generally westward now, and so as we arrive at the top we get good views of the West Coast and Morecambe Bay with the Lake District Fells beyond that.

We then note that we have a drystone wall on our left – at no stage do we need to cross that wall, so if you miss the path and arrive at a wall before the peak, just follow the wall uphill.

The climb to the top is reasonably steep and so a lunch break before starting the second half of the walk – which is almost all downhill – is recommended.

We follow the wall to start with, initially through Nanslope Moss. As the name implies, this is a somewhat wet area, so take care if there has been heavy rain in previous days.

The wall eventually starts to track right, and our route follows it before we again head left and start to walk through thick bracken on somewhat steeper slopes with the large House at Whelprigg ahead of us, and Barbon over to the right.

A pair of sheepfolds come into view - one somewhat submerged in the bracken. We head just to the right of the fold and then head down a clear path which takes us down to toward the fell road. The path branches and we take the left hand route to meet the road further to the left, but if you miss that turn, don't worry as long as we turn left at the road, when we get there, we arrive at the same place.

We follow the fell road to the left with Tuplot Wood on our left, Whelprigg on the right and a cattle grid straight ahead. After the cattlegrid, we follow the road for a while, until we clear the woodland, and we see the road veer right. Round this gentle bend we look out for Fell Garth, where we see a fingerpost highlighting a path through the fields back toward Barbon.

We cross three fields, consistently heading North, until we arrive at a stile onto the access road for the large house at Whelprigg. Our route crosses the access drive and continues opposite over another stile. This leads into a large field with a magnificent Oak tree in the centre. We are heading for the opposite corner of the field so pass the oak tree and then continue until the far gate comes into view.

This gate takes us onto a lane which bends round to the left where we find another gate and a farmyard. Cross the farmyard diagonally to find a stile (initially hidden behind bales). We go through the wall to gain access to a path through the fields over toward Barbon.

The next stile is at the bottom left of the field and the path then runs along the edge of a woodland to yet another stile which takes us onto a minor road.

We continue almost opposite through a gate and then head North-west through the grounds of a house with an impressive treehouse, to pick up a gate where we cross the bed of the old railway line. Just over the railway bed, we see a house ahead of us – the path goes just to the right of the house - and we join a lane which we follow down to a T junction where we see the Village Hall just to our right, ending this walk.

- **Total distance 11.2 km (7.6 miles)**
- **Total Ascent 553 m**
- **Moderate walk**